

# TALKING DDITIO NEEDS

#### Tuesdays 9.30 - 11.30am Face to Face Course: ID 755 3rd, 10th, 17th, 24th June, 1st & 8th July 2025

Gade Community Room, Oakleaf Primary School, Hemel Hempstead, HP1 2JU

### Tuesdays 8.00 - 9.30pm Online Course: ID 756 6th, 13th, 20th May, 3rd, 10th & 17th June 2025 **Delivered online using Zoom**

A 6-week group for parents and carers of children with any additional need. Your child does not need a diagnosis.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict and increase co-operation
- Improve emotional regulation
- Explore sensory needs.
- Increase your child's resilience.
- Manage the different needs within your family.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my child but this was by far the most helpful'

**Booking essential Please quote the course ID** To check eligibility and book a place, contact Supporting Links on:

## 07512 709556

These courses are provided free to participants by Hertfordshire County Hertfordshire Council's Targeted Parenting Fund



bookings@supportinglinks.co.uk

#### www.supportinglinks.co.uk

Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.