

Parenting Support

Online workshops

Spring Term 2021



Talking Teens

For parents and carers of children from
Year 7 upwards

Thursdays

7.30pm to 9pm UK time

8.30pm to 10pm CET

28th Jan & 4th Feb 2021

<https://www.eventbrite.co.uk/e/talking-teens-a-two-session-online-workshop-for-parents-carers-tickets-130781572203>

Talking Motivation & Resilience

For parents and carers of children of all ages

Thursdays

7.30pm to 9pm UK time

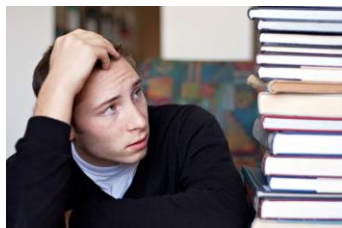
8.30pm to 10pm CET

25th Feb & 4th Mar 2021



<https://www.eventbrite.co.uk/e/talking-motivation-a-2-session-workshop-for-parents-tickets-130865445069>

Talking Stress & Anxiety



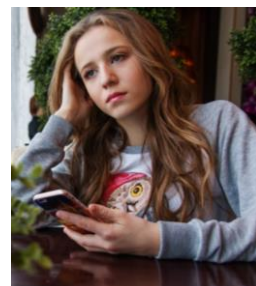
For parents and carers of children aged 8+

Tuesdays

7.30pm to 9pm UK time

8.30pm to 10pm CET

16th & 23rd March 2021



<https://www.eventbrite.co.uk/e/talking-stress-anxiety-an-online-2-session-workshop-for-parentscarers-tickets-130864478177>

Tickets are £24 per person for all events

We offer a limited number of subsidised places for parents/carers in receipt of Universal Credit. Please contact us for details.

For further information please contact us info@supportinglinks.co.uk

01442 300185 www.supportinglinks.co.uk