

TALKING FAMILIES



Because parents don't get training for the toughest job on earth!



Tuesdays 8 - 9.15pm
5th, 12th, 19th, 26th Jan
2nd, 9th Feb 2021
Course ID 414

Wednesdays 10-11.15am
6th, 13th, 20th, 27th Jan
3rd, 10th Feb 2021
Course ID 412

Wednesdays 10-11.15am
24th Feb, 3rd, 10th, 17th,
24th, 31st Mar 2021
Course ID 413

Our FREE 6 week online courses for parents and carers of children aged 0-12 will help you to:

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**

'It was a brilliant course and has made a huge difference'

'It has taught me new skills to deal with family life'



ONLINE PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM

Full details on how to access and use Zoom will be offered.

OPEN TO PARENTS AND CARERS ACROSS

Pre-booking essential
Please quote the course ID

To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk



This courses are provided free to parents by Hertfordshire County Council