

# UNDERSTANDING BEHAVIOUR IN YOUR CHILD WITH ADDITIONAL NEEDS



**Wednesdays 10-11.15am**  
**6th, 13th, 20th, 27th Jan,**  
**3rd, 10th Feb 2021**  
**Course ID 411**

**Wednesday 8.00-9.15pm**  
**24th Feb, 3rd, 10th, 17th,**  
**24th, 31st Mar 2021**  
**Course ID 410**

Free 6 week courses for parents and carers of children aged 2-19 years with a recognised additional need. Diagnosis is not essential.

We will help you to:

- Understand your child's behaviour.
- Find strategies that really work.
- Understand conflict : why it happens and how to handle it.
- Manage anger effectively.
- Motivate, encourage and support your child.
- Manage the different needs within your family.

'I have been on a few courses to help me with my son, this was by far the most helpful.'



**ONLINE PARENTING  
COURSES DELIVERED TO  
YOUR HOME VIA ZOOM**

**Full details on how to access and use  
Zoom will be offered.**

**OPEN TO PARENTS AND  
CARERS ACROSS  
HERTFORDSHIRE**

**Pre-booking essential**

**Please quote the course ID**

**Contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**