

TALKING



DADS

Dads, Step-Dads, Stay at home Dads, Working Dads... all play an important role in your child's life.



Thursdays 7.45-9.15pm 6 Jan-10 Feb Course ID 480

Wednesdays 7.45-9.15pm 23rd Feb-30th Mar Course ID 481

Over 6 FREE weekly sessions, fathers and male carers of children aged 0-19 will be supported to:

- Increase confidence in your parenting.
- Develop your dad/child relationship, now and for the future.
- Improve listening and communication skills.
- Develop strategies for dealing with anger and conflict.
- Learn how to enforce boundaries.

'My child is easier to handle now, and has learnt from the techniques I use.'



ONLINE PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM

Full details on how to access and use Zoom will be offered.

OPEN TO PARENTS AND CARERS ACROSS HERTFORDSHIRE

Pre-booking essential

Please quote the course ID

To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk



These courses are provided free to parents by Hertfordshire County Council