

# TALKING



# ADDITIONAL NEEDS

(Previously Understanding Behaviour in your child  
with Additional Needs)



**Thursdays 8.00-9.30pm 6th Jan-10th Feb** Course ID SL473

**Wednesdays 8.00-9.30pm 23rd Feb-30th Mar** Course ID SL474



**Free 6 week courses for parents and carers of children aged 2-19 years with a recognised additional need. Diagnosis is not essential.**

- Understand your child's behaviour.
- Find strategies that really work.
- Understand conflict : why it happens and how to handle it.
- Manage anger effectively.
- Motivate, encourage and support your child.
- Manage the different needs within your family.

'I have been on a few courses to help me with my son, this was by far the most helpful.'



**ONLINE PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM**

**Full details on how to access and use Zoom will be offered.**

**OPEN TO PARENTS AND CARERS ACROSS HERTFORDSHIRE**

**Pre-booking essential**

**Please quote the course ID**

**To check eligibility and book a place, contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**



These courses are provided free to parents by Hertfordshire County Council