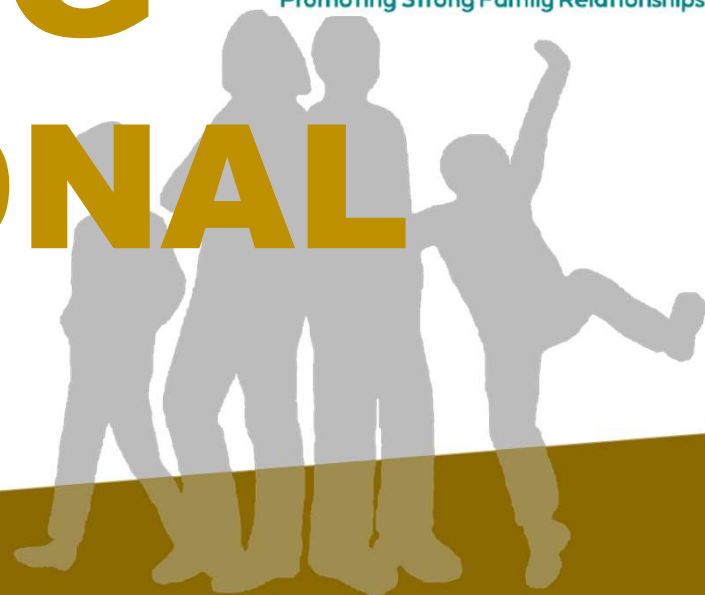


# TALKING ADDITIONAL NEEDS



**Wednesdays 9.45 - 11.15am Online Course ID: 770**  
**17<sup>th</sup>, 24<sup>th</sup> Sept, 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> & 22<sup>nd</sup> Oct 2025**  
**Delivered online using Zoom**

**Wednesdays 8.00 - 9.30pm Face-to-Face ID: 771**  
**5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> Nov, 3<sup>rd</sup> & 10<sup>th</sup> Dec 2025**  
**Reddings Family Centre, Harcourt Road, Bushey, WD23 3PE**

**A 6-week group for parents and carers of children 2-19yrs with any additional need. Your child does not need a diagnosis.**

- **Understand your child's behaviour**
- **Develop strategies that really work**
- **Reduce conflict and increase co-operation**
- **Improve emotional regulation**
- **Explore sensory needs**
- **Increase your child's resilience**
- **Manage the different needs within your family**

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

**'I have been on a few courses to help me with my child but this was by far the most helpful'**

**Booking essential**  
**Please quote the course ID**  
**To check eligibility and book a place, contact Supporting Links on:**

**07512 709 556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**