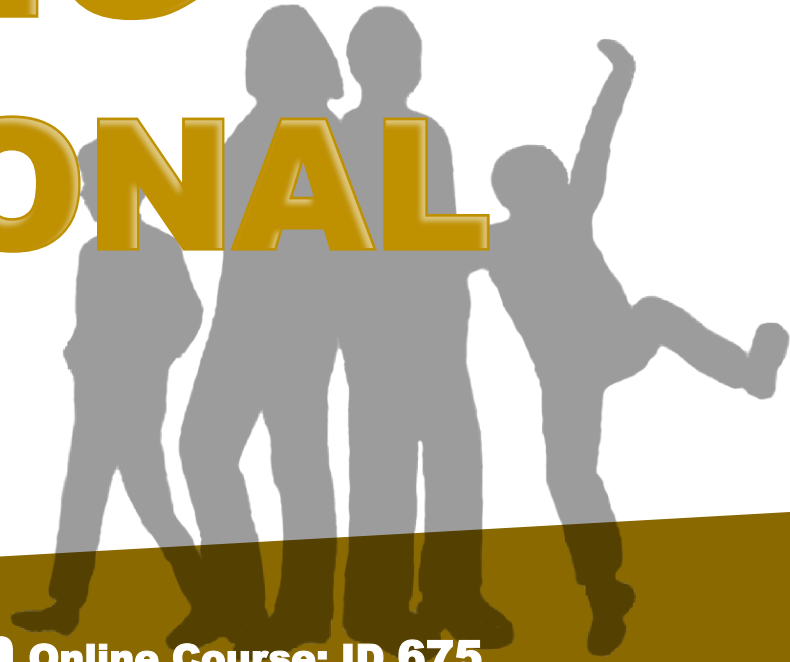


TALKING ADDITIONAL NEEDS



Mondays 8.00-9.30pm Online Course: ID 675
16th September - 21st October 2024

Wednesdays 9.30-11.30am St Albans Course: ID 676
6th November - 11th December 2024
St Albans District. Venue TBC

A 6-week group for parents and carers of children with any additional need from 2-25. Your child does not need a diagnosis to join.

- **Understand your child's behaviour.**
- **Develop strategies that really work.**
- **Reduce conflict and improve emotional regulation**
- **Explore sensory needs.**
- **Increase your child's resilience.**
- **Manage the different needs within your family.**

Our online support sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my child but this was by far the most helpful'

Booking essential
Please quote the course ID
To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk