

TALKING FAMILIES



Because parents don't get training for the toughest job on earth!

Tuesdays 8.00-9.30pm 14th Sept-19th Oct **Course ID SL451**

Wednesdays 9.45-11.15am 15th Sept-20th Oct **Course ID SL450**

Mondays 8.00-9.30pm 1st Nov-6th Dec **Course ID SL452**



Our FREE 6 week online courses for parents and carers of children aged 0-12 will help you to:

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**

'It was a brilliant course and has made a huge difference'

'It has taught me new skills to deal with family life'



ONLINE PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM

Full details on how to access and use Zoom will be offered.

OPEN TO PARENTS AND CARERS ACROSS HERTFORDSHIRE

**Pre-booking essential
Please quote the course ID**

To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk



This courses are provided free to parents by Hertfordshire County Council